

Role: Patient

You are an 18-year-old adolescent who is also transgender. This evening, you were very distraught because you got into a fight with your parent about your poor performance in school and that you might not graduate on time. Also, your parent does not accept that your “gender identity” and continues to refer to you based on your assigned name and gender at birth. Therefore, you took a handful of pills of whatever you could find around the house. After you took all the pills, you texted your parent, disclosing what you did, so they brought you to the emergency room. This is the second time something has happened to you that made you attempt to end your life. The last time you were discharged home with a safety plan, but this time you are worried that they are going to institutionalize you.

The exercise begins with a nurse triaging you, then a resident interviewing you, and finally the ER attending interviewing you. During this exercise, don’t inform the medical team of your gender unless they ask specifically about your pronouns, for example.