

Role: Patient's parent

You are the parent to an 18-year-old adolescent. Your child has suffered from anxiety and depression since they were 12. Recently however, they told you that they believe they are transgendered? You are trying your best to understand and accept them, however it is very hard for you to readjust to thinking about your child as someone completely different from how you've known them their entire life. Also, you are very concerned this will make their life from now on very difficult and unbearable. Lastly, you are worried how your religious community and family will react towards you. Therefore, you haven't rushed to abandon the use of your child's gender or name that was assigned to them at birth. Honestly, you still hope they will change their mind once their anxiety and depression goes away.

Earlier this evening, you got into a fight with your child about their failing performance in school. Afterwards, they told you that they took a bunch of pills in an attempt to kill themselves. This isn't the first time they've done this. You still have PTSD from the last time! Anyway, you immediately rushed them to the emergency to get their stomach pumped.

The exercise begins with a nurse triaging your child. Then a resident will come to interview them. Finally, the ER attending will arrive to interview them. During this exercise, refer to your child mostly by their name assigned at birth and with pronouns that match their assigned gender at birth.