

Role: Bedside nurse (RN)

You are an ICU nurse caring for 56-year-old person of color (POC) with COVID pneumonia. Due to staffing shortages, you have been assigned 4 patients this shift – one critically ill patient, two intermediate care patients, and this last patient who can probably either be transferred to the floor or discharge home on supplemental oxygen. During nursing hand off, the night bedside RN informed you that the patient had a stable night, was in no respiratory distress, and did not require any pain medication.

The exercise begins with the resident coming to tell the patient about a recent chest x-ray result. The attending will then try to convince the patient to go home on supplemental oxygen. Once the attending physician has provided anticipatory guidance, you will be expected to go through the discharge instructions with the patient.