

Role: Resident physician

You are a family medicine resident rotating in the medical ICU. You don't have a lot of critical care experience and your unit census is very high. Your patient load is way more than you are used to carrying.

You are caring for an unvaccinated 56-year-old person of color (POC) with COVID pneumonia who has been admitted now for several days. Last night, the medical team transitioned the patient to simple nasal canula running at 2 liters of supplemental oxygen, and your attending wants you to discharge the patient as quickly as possible to make room for patients boarding the emergency room. Unfortunately, your patient is complaining of new chest pain, so you order a chest X-ray, which per the radiologist looks unchanged.

The exercise begins with you telling your patient the results of the chest x-ray. Then your attending will work on convincing the patient to go home.